



Nutritional GUIDE

AUNTIE ANNE'S® ALLERGEN STATEMENT

Please be advised that our products contain known food allergens and sensitivities. We strongly recommend that anyone with an allergic condition or sensitivity to nuts, gluten, or other food allergens NOT consume our products. Products may contain allergens or sensitivities as an ingredient, or they may contain them as they share common equipment at the store level and/or at the manufacturing plants.

For specific allergen questions related to Auntie Anne's products please contact Customer Care at 1-877-778-9588, Option 2, or e-mail us at nutrition@auntieannesinc.com.

Auntie Anne's recognizes the importance of providing accurate and complete information to our guests so that they can make informed choices about those foods which make up part of a sensible, balanced diet. The nutrition and ingredient information provided in this guide is based on Auntie Anne's standard product formulations and serving sizes, and is derived from information received from published resources and Auntie Anne's suppliers. Variations in serving sizes, recipe formulations, preparation techniques, product testing, and sources of supply, as well as regional and seasonal differences may affect the nutrition values for each product. In some instances, ingredient substitutions and differences in product assembly or size at a specific Auntie Anne's location may also impact the nutrition values for each product. **Test products, limited time offers, and regional menu variations may not be included and not all items listed will be available in all restaurants.** All nutrition information provided herein meets the current requirements set forth by the U.S. Food and Drug Administration's NLEA guidelines.

King County, WA Residents: The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 milligrams for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending upon daily calorie consumption.

CA Residents: Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium.

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SIGNATURE PRETZELS



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Signature Pretzels					
Cinnamon Sugar Pretzel	1 (147g)	470	100	12g/18%	7g/35%
Cinnamon Sugar Pretzel <i>no Butter</i>	1 (136g)	380	10	1g/2%	0g/0%
Jalapeño Pretzel	1 (124g)	330	45	5g/8%	3g/15%
Jalapeño Pretzel <i>no Butter</i>	1 (120g)	300	10	1g/2%	0g/0%
Jalapeño Pretzel <i>no Butter no Salt</i>	1 (118g)	300	10	1g/2%	0g/0%
Jalapeño Pretzel <i>no Salt</i>	1 (122g)	330	45	5g/8%	3g/15%
Original Pretzel	1 (123g)	340	45	5g/8%	3g/15%
Original Pretzel <i>no Butter</i>	1 (119g)	310	10	1g/2%	0g/0%
Original Pretzel <i>no Butter no Salt</i>	1 (117g)	310	10	1g/2%	0g/0%
Original Pretzel <i>no Salt</i>	1 (121g)	340	45	5g/8%	3g/15%
Pepperoni Pretzel	1(149g)	480	150	16g/25%	8g/40%
Pepperoni Pretzel <i>no Butter</i>	1(145g)	440	110	12g/18%	5g/25%
Raisin Pretzel	1 (127g)	360	45	5g/8%	3g/15%
Raisin Pretzel <i>no Butter</i>	1 (123g)	330	10	1g/2%	0g/0%
Roasted Garlic & Parmesan Pretzel	1 (130g)	380	70	8g/12%	4g/20%
Roasted Garlic & Parmesan Pretzel <i>no Butter</i>	1 (128g)	330	15	1.5g/2%	0.5g/3%
Roasted Garlic & Parmesan Pretzel <i>no Butter no Salt</i>	1 (122g)	310	10	1g/2%	0g/0%
Roasted Garlic & Parmesan Pretzel <i>no Salt</i>	1 (128g)	350	45	5g/8%	3g/15%
Sour Cream & Onion Pretzel	1 (130g)	380	70	8g/12%	4g/20%
Sour Cream & Onion Pretzel <i>no Butter</i>	1 (128g)	330	15	1.5g/2%	0.5g/3%
Sour Cream & Onion Pretzel <i>no Butter no Salt</i>	1 (122g)	330	15	1.5g/2%	0.5g/3%
Sour Cream & Onion Pretzel <i>no Salt</i>	1 (128g)	380	70	8g/12%	4g/20%
Sweet Almond Pretzel	1 (131g)	390	50	6g/9%	3.5g/18%
Sweet Almond Pretzel <i>no Butter</i>	1 (127g)	350	20	2g/3%	1g/5%
Cinnamon Sugar Party Pretzel	1 (74g)	250	50	6g/9%	4g/18%
Original Party Pretzel	1 (62g)	180	25	3g/4%	1.5g/8%

	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value				
								Vitamin A	Vitamin C	Calcium	Iron	
Og	25mg/8%		400mg/17%	84g/28%	2g/8%	29g	8g	6%	0%	2%	4%	
Og	0mg/0%		400mg/17%	84g/28%	2g/8%	29g	8g	0%	0%	2%	4%	
Og	10mg/3%		1060mg/44%	63g/21%	2g/8%	9g	8g	2%	0%	2%	4%	
Og	0mg/0%		1060mg/44%	63g/21%	2g/8%	9g	8g	0%	0%	2%	4%	
Og	0mg/0%		480mg/20%	63g/21%	2g/8%	9g	8g	0%	0%	2%	4%	
Og	10mg/3%		480mg/20%	63g/21%	2g/8%	9g	8g	2%	0%	2%	4%	
Og	10mg/3%		990mg/41%	65g/22%	2g/8%	10g	8g	2%	0%	2%	4%	
Og	0mg/0%		990mg/ 41%	65g/22%	2g/8%	10g	8g	0%	0%	2%	4%	
Og	0mg/0%		400mg/17%	65g/22%	2g/8%	10g	8g	0%	0%	2%	4%	
Og	10mg/3%		400mg/17%	65g/22%	2g/8%	10g	8g	2%	0%	2%	4%	
Og	40mg/13%		860mg/36%	65g/22%	2g/8%	10g	15g	2%	0%	10%	6%	
Og	30mg/10%		860mg/36%	65g/22%	2g/8%	10g	15g	2%	0%	10%	6%	
Og	10mg/3%		390mg/16%	69g/23%	2g/8%	16g	8g	2%	0%	4%	6%	
Og	0mg/0%		390mg/16%	69g/23%	2g/8%	16g	8g	0%	0%	4%	6%	
Og	15mg/5%		1250mg/52%	68g/23%	2g/8%	10g	9g	4%	2%	6%	6%	
Og	0mg/0%		1250mg/52%	68g/23%	2g/8%	10g	9g	0%	2%	6%	6%	
Og	0mg/0%		660mg/28%	65g/22%	2g/8%	10g	8g	0%	0%	2%	4%	
Og	10mg/3%		660mg/28%	65g/22%	2g/8%	10g	8g	2%	0%	2%	4%	
Og	15mg/5%		1240mg/52%	68g/23%	2g/8%	12g	8g	4%	0%	4%	4%	
Og	0mg/0%		1240mg/52%	68g/23%	2g/8%	12g	8g	0%	0%	4%	4%	
Og	0mg/0%		650mg/27%	68g/23%	2g/8%	12g	8g	0%	0%	4%	4%	
Og	15mg/5%		650mg/27%	68g/23%	2g/8%	12g	8g	4%	0%	4%	4%	
Og	10mg/3%		400mg/17%	74g/25%	2g/8%	17g	8g	2%	0%	2%	4%	
Og	0mg/0%		400mg/17%	74g/25%	2g/8%	17g	8g	0%	0%	2%	4%	
Og	15mg/5%		210mg/9%	43mg/14%	1g	15g	4g	4%	0%	2%	2%	
Og	5mg/2%		510mg/21%	34g/11%	1g/4%	5g	4g	2%	0%	2%	2%	

 Since Auntie Anne's Pretzels are prepared fresh in stores, you can request your pretzel to be made without butter. When served without butter, the Original, Original Stix, Cinnamon Sugar, Cinnamon Sugar Stix, Raisin, Jalapeño, and Roasted Garlic & Parmesan Pretzels average just 1 gram of fat.

 Reduce your sodium intake by asking for your pretzel with no added salt.

PRETZEL DOGS



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Pretzel Dogs					
Pretzel Dog	1 (119g)	360	180	20g/31%	9g/45%
Pretzel Dog <i>no Butter</i>	1 (115g)	320	140	16g/25%	6g/30%
Jumbo Pretzel Dog	1 (212g)	610	260	29g/45%	13g/65%
Jumbo Pretzel Dog <i>no Butter</i>	1 (208g)	580	230	25g/38%	10g/50%
Cheese Pretzel Dog	1 (122g)	370	180	20g/31%	9g/45%
Cheese Pretzel Dog <i>no Butter</i>	1 (118g)	340	150	17g/26%	7g/35%
Jalapeño Cheese Pretzel Dog	1 (130g)	370	180	20g/31%	9g/45%
Jalapeño Cheese Pretzel Dog <i>no Butter</i>	1 (126g)	340	150	17g/26%	7g/35%
Jumbo Jalapeño Cheese Pretzel Dog	1 (235g)	650	280	31g/48%	14g/70%
Jumbo Jalapeño Cheese Pretzel Dog <i>no Butter</i>	1 (231g)	610	240	27g/42%	12g/60%
Mini Pretzel Dogs	8 count (176g)	510	260	29g/45%	12g/60%
Mini Pretzel Dogs <i>no Butter</i>	8 count (172g)	480	220	25g/38%	10g/50%
Mini Pretzel Dogs	12 count (264g)	770	390	43g/66%	18g/90%
Mini Pretzel Dogs <i>no Butter</i>	12 count (258g)	710	330	37g/57%	15g/75%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
.5g*	45mg/15%	740mg/31%	33g/11%	1g/4%	5g	11g	4%	0%	2%	6%
.5g*	35mg/12%	740mg/31%	33g/11%	1g/4%	5g	11g	2%	0%	2%	6%
1g*	65mg/22%	1150mg/48%	67g/22%	2g/8%	10g	19g	4%	0%	2%	10%
1g*	55mg/18%	1150mg/48%	67g/22%	2g/8%	10g	19g	2%	0%	2%	10%
.5g*	50mg/17%	640mg/27%	33g/11%	1g/4%	5g	12g	6%	0%	4%	6%
.5g*	40mg/13%	640mg/27%	33g/11%	1g/4%	5g	12g	2%	0%	4%	6%
.5g*	50mg/17%	700mg/29%	34g/11%	1g/4%	5g	12g	6%	0%	4%	6%
.5g*	40mg/13%	700mg/29%	34g/11%	1g/4%	5g	12g	2%	0%	4%	6%
1g	70mg/23%	1360mg/57%	68g/23%	2g/8%	10g	21g	6%	0%	8%	10%
1g	60mg/20%	1360mg/57%	68g/23%	2g/8%	10g	21g	4%	0%	8%	10%
0g	65mg/22%	1060mg/44%	45g/15%	1g/4%	6g	16g	6%	0%	2%	10%
0g	55mg/18%	1060mg/44%	45g/15%	1g/4%	6g	16g	4%	0%	2%	10%
0g	100mg/33%	1580mg/66%	67g/22%	2g/8%	10g	25g	8%	0%	2%	15%
0g	85mg/28%	1580mg/66%	67g/22%	2g/8%	10g	25g	4%	0%	2%	15%

PRETZEL STIX



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Pretzel Stix					
Cinnamon Sugar Stix	6 sticks (147g)	480	100	12g/18%	7g/35%
Cinnamon Sugar Stix <i>no Butter</i>	6 sticks (136g)	380	10	1g/2%	0g/0%
Original Stix	6 sticks (123g)	320	45	5g/8%	3g/15%
Original Stix <i>no Butter</i>	6 sticks (119g)	310	10	1g/2%	0g/0%
Original Stix <i>no Butter no Salt</i>	6 sticks (119g)	310	10	1g/2%	0g/0%
Original Stix <i>no Salt</i>	6 sticks (121g)	340	45	5g/8%	3g/15%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	25mg/8%	400mg/17%	84g/28%	2g/8%	29g	8g	6%	0%	2%	4%
0g	0mg/0%	400mg/17%	84g/28%	2g/8%	29g	8g	0%	0%	2%	4%
0g	10mg/3%	990mg/41%	65g/22%	2g/8%	10g	8g	2%	0%	2%	4%
0g	0mg/0%	990mg/41%	65g/22%	2g/8%	10g	8g	0%	0%	2%	4%
0g	0mg/0%	400mg/17%	65g/22%	2g/8%	10g	8g	0%	0%	2%	4%
0g	10mg/3%	400mg/17%	65g/22%	2g/8%	10g	8g	2%	0%	2%	4%


* Naturally occurring trans-fat.

PRETZEL NUGGETS



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Pretzel Nuggets					
Cinnamon Sugar Nuggets	16 oz. (168g)	490	45	5g/8%	2.5g/13%
Cinnamon Sugar Nuggets <i>no Butter</i>	16 oz. (165g)	460	20	2.5g/4%	0g/0%
Original Nuggets	16 oz. (147g)	390	45	5g/8%	2.5g/13%
Original Nuggets <i>no Butter</i>	16 oz. (143g)	360	10	1.5g/2%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	10mg/3%	300mg/13%	99g/33%	2g/8%	35g	9g	2%	0%	4%	4%
0g	0mg/0%	300mg/13%	99g/33%	2g/8%	35g	9g	0%	0%	4%	4%
0g	10mg/3%	1280mg/53%	75g/25%	2g/8%	11g	9g	2%	0%	4%	4%
0g	0mg/0%	1280mg/53%	75g/25%	2g/8%	11g	9g	0%	0%	4%	4%


 Our Stix and Nuggets are perfect for eating at your leisure and managing portion sizes.

DIPS

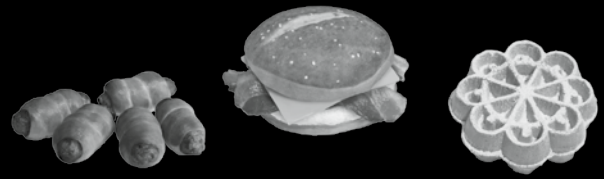


Dips	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat	Trans Fat
Caramel	1.5 oz. (40g)	130	25	3g/5%	1.5g/8%	0g
Cheese	1.4 oz. (40g)	90	70	8g/12%	3g/15%	0g
Hot Salsa Cheese	1.4 oz. (40g)	90	70	8g/12%	3g/15%	0g
Light Cream Cheese	1.25 oz. (35g)	80	50	6g/9%	4.5g/23%	0g
Marinara	2 oz. (57g)	45	10	1g/2%	0g/0%	0g
Melted Cheese	2 oz. (55g)	150	100	12g/18%	3g/15%	0g
Sweet Glaze	1.4 oz. (40g)	130	0	0g/0%	0g/0%	0g
Sweet Mustard	1.25 oz. (35g)	60	20	2g/3%	1g/5%	0g

Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
						Vitamin A	Vitamin C	Calcium	Iron
5mg/2%	95mg/4%	23g/8%	0g/0%	19g	1g	0%	0%	2%	0%
15mg/5%	370mg/15%	2g/1%	0g/0%	1g	3g	0%	0%	6%	0%
15mg/5%	370mg/15%	2g/1%	0g/0%	2g	3g	0%	2%	6%	0%
20mg/7%	120mg/5%	1g/0%	0g/0%	0g	3g	6%	0%	2%	0%
0mg/0%	240mg/10%	7g/2%	2g/8%	4g	1g	6%	30%	2%	4%
20mg/7%	850mg/35%	6g/2%	0g/0%	4g	5g	2%	0%	15%	0%
0mg/0%	0mg/0%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
35mg/12%	0mg/0%	10g/3%	0g/0%	9g	2g	0%	0%	0%	0%

 Choose Marinara Dip as a lower calorie/fat dip option.

BREAKFAST PRODUCTS



Breakfast Products	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Breakfast Pretzel Sandwich - Egg & Cheese	1 (119g)	240	70	8g/12%	4g/20%
Breakfast Pretzel Sandwich - Bacon, Egg, & Cheese	1 (129g)	300	100	12g/18%	5g/25%
Breakfast Pretzel Sandwich - Sausage, Egg, & Cheese	1 (161g)	390	190	21g/32%	9g/45%
Pretzel Waffle - Original	1 (83g)	260	140	16g/25%	10g/50%
Pretzel Waffle - Cinnamon Sugar	1 (108g)	360	140	16g/25%	10g/50%
Pretzel Waffle - Powdered Sugar	1 (88g)	280	140	16g/25%	10g/50%
Breakfast Sausage Stix	5 sticks (245g)	760	390	43g/66%	15g/75%
Breakfast Sausage Stix <i>no Butter</i>	5 sticks (240g)	720	340	38g/58%	12g/60%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	80mg/27%	640mg/27%	29g/10%	1g/4%	5g	13g	6%	0%	20%	4%
0g	90mg/30%	850mg/35%	29g/10%	1g/4%	5g	16g	6%	0%	20%	4%
0g	110mg/37%	950mg/40%	29g/10%	1g/4%	5g	20g	6%	0%	25%	6%
0.5g	40mg/13%	240mg/10%	25g/8%	1g/4%	4g	3g	10%	0%	4%	2%
0.5g	40mg/13%	240mg/10%	50g/17%	1g/4%	29g	3g	10%	0%	4%	2%
0.5g	40mg/13%	240mg/10%	30g/10%	1g/4%	9g	3g	10%	0%	4%	2%
0g	100mg/33%	1240mg/52%	65g/22%	2g/8%	9g	27g	4%	10%	4%	35%
0g	85mg/28%	1240mg/52%	65g/22%	2g/8%	9g	27g	0%	10%	4%	35%

PRETZEL PIZZA



Pretzel Pizza	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Personal Cheese Pretzel Pizza	1 (236g)	600	120	14g/22%	6g/30%
Personal Pepperoni Pretzel Pizza	1 (255g)	700	200	23g/35%	9g/45%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
1g	35mg/12%	910mg/38%	95g/32%	3g/12%	16g	21g	15%	8%	30%	6%
1g	55mg/18%	1280mg/53%	95g/32%	3g/12%	16g	25g	15%	8%	30%	8%

LEMONADE & FROZEN LEMONADE



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Lemonade					
Old Fashioned Lemonade	16 fl. oz. (355g)	200	0	0g/0%	0g/0%
	21 fl. oz. (473g)	260	0	0g/0%	0g/0%
	32 fl. oz. (680g)	370	0	0g/0%	0g/0%
Lemonade Mixer - Blue Raspberry	16 fl. oz. (378g)	230	0	0g/0%	0g/0%
	20 fl. oz. (479g)	300	0	0g/0%	0g/0%
	32 fl. oz. (725g)	450	0	0g/0%	0g/0%
Lemonade Mixer - Wild Cherry	16 fl. oz. (378g)	240	0	0g/0%	0g/0%
	20 fl. oz. (479g)	310	0	0g/0%	0g/0%
	32 fl. oz. (725g)	460	0	0g/0%	0g/0%
Lemonade Mixer - Strawberry	16 fl. oz. (378g)	240	0	0g/0%	0g/0%
	20 fl. oz. (479g)	310	0	0g/0%	0g/0%
	32 fl. oz. (725g)	460	0	0g/0%	0g/0%
Lemonade Mixer - Mango	16 fl. oz. (378g)	230	0	0g/0%	0g/0%
	20 fl. oz. (479g)	300	0	0g/0%	0g/0%
	32 fl. oz. (725g)	450	0	0g/0%	0g/0%
Frozen Lemonade	12 fl. oz. (374g)	210	0	0g/0%	0g/0%
	20 fl. oz. (492g)	300	0	0g/0%	0g/0%
Frozen Lemonade Mixer - Blue Raspberry	12 fl. oz. (374g)	240	0	0g/0%	0g/0%
	20 fl. oz. (492g)	310	0	0g/0%	0g/0%
Frozen Lemonade Mixer - Wild Cherry	12 fl. oz. (374g)	240	0	0g/0%	0g/0%
	20 fl. oz. (492g)	320	0	0g/0%	0g/0%
Frozen Lemonade Mixer - Strawberry	12 fl. oz. (374g)	240	0	0g/0%	0g/0%
	20 fl. oz. (492g)	320	0	0g/0%	0g/0%
Frozen Lemonade Mixer - Mango	12 fl. oz. (374g)	240	0	0g/0%	0g/0%
	20 fl. oz. (492g)	310	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	10mg/0%	50g/17%	0g/0%	47g	0g	0%	15%	0%	0%
0g	0mg/0%	15mg/1%	66g/22%	0g/0%	62g	0g	0%	25%	2%	0%
0g	0mg/0%	20mg/1%	95g/32%	0g/0%	89g	0g	0%	35%	2%	0%
0g	0mg/0%	10mg/0%	60g/20%	0g/0%	56g	0g	0%	15%	0%	0%
0g	0mg/0%	15mg/1%	78g/26%	0g/0%	73g	0g	0%	20%	0%	0%
0g	0mg/0%	25mg/1%	115g/38%	0g/0%	108g	0g	0%	35%	2%	0%
0g	0mg/0%	15mg/1%	60g/20%	0g/0%	56g	0g	0%	15%	0%	0%
0g	0mg/0%	20mg/1%	78g/26%	0g/0%	73g	0g	0%	20%	0%	0%
0g	0mg/0%	25mg/1%	115g/38%	0g/0%	108g	0g	0%	35%	2%	0%
0g	0mg/0%	10mg/0%	60g/20%	0g/0%	56g	0g	0%	15%	0%	0%
0g	0mg/0%	15mg/1%	78g/26%	0g/0%	73g	0g	0%	20%	0%	0%
0g	0mg/0%	25mg/1%	115g/38%	0g/0%	108g	0g	0%	35%	2%	0%
0g	0mg/0%	10mg/0%	60g/20%	0g/0%	56g	0g	0%	15%	0%	0%
0g	0mg/0%	15mg/1%	78g/26%	0g/0%	73g	0g	0%	20%	0%	0%
0g	0mg/0%	25mg/1%	115g/38%	0g/0%	108g	0g	0%	35%	2%	0%
0g	0mg/0%	20mg/1%	53g/18%	0g/0%	49g	0g	0%	20%	0%	0%
0g	0mg/0%	30mg/1%	76g/25%	0g/0%	71g	0g	0%	25%	2%	0%
0g	0mg/0%	25mg/1%	60g/20%	0g/0%	56g	0g	0%	15%	0%	0%
0g	0mg/0%	30mg/1%	80g/27%	0g/0%	74g	0g	0%	20%	2%	0%
0g	0mg/0%	25mg/1%	60g/20%	0g/0%	56g	0g	0%	15%	0%	0%
0g	0mg/0%	30mg/1%	80g/27%	0g/0%	74g	0g	0%	20%	2%	0%
0g	0mg/0%	25mg/1%	60g/20%	0g/0%	56g	0g	0%	15%	0%	0%
0g	0mg/0%	30mg/1%	80g/27%	0g/0%	74g	0g	0%	20%	2%	0%

ICEE®



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
ICEE					
ICEE® - Blue Raspberry	16 fl. oz. (339g)	140	0	0g/0%	0g/0%
	21 fl. oz. (376g)	160	0	0g/0%	0g/0%
	32 fl. oz. (695g)	290	0	0g/0%	0g/0%
ICEE® - Coca-Cola®	16 oz. (339g)	140	0	0g/0%	0g/0%
	21 oz. (376g)	160	0	0g/0%	0g/0%
	32 fl. oz. (695g)	290	0	0g/0%	0g/0%
ICEE® - Wild Cherry	16 fl. oz. (339g)	140	0	0g/0%	0g/0%
	21 fl. oz. (376g)	160	0	0g/0%	0g/0%
	32 fl. oz. (695g)	290	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	10mg/0%	37g/12%	0g/0%	37g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	41g/14%	0g/0%	41g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	76g/25%	0g/0%	76g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	39g/13%	0g/0%	39g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	43g/14%	0g/0%	43g	0g	0%	0%	0%	0%
0g	0mg/0%	25mg/1%	80g/27%	0g/0%	80g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	39g/13%	0g/0%	39g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	43g/14%	0g/0%	43g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	80g/27%	0g/0%	80g	0g	0%	0%	0%	0%

OTHER BEVERAGES

Beverages	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Coffee	12 fl. oz. (295g)	5	0	0g/0%	0g/0%
	16 fl. oz. (414g)	5	0	0g/0%	0g/0%
Hot Tea	12 fl. oz. (295g)	5	0	0g/0%	0g/0%
	16 fl. oz. (414g)	5	0	0g/0%	0g/0%
Nestlé® Hot Cocoa	1 Packet (20g)	80	25	3g/5%	2g/10%
Pina Colada Ice	12 fl. oz. (295g)	210	0	0g/0%	0g/0%
	20 fl. oz. (427g)	300	0	0g/0%	0g/0%
Mocha Ice	12 fl. oz. (295g)	270	70	8g/12%	7g/35%
	20 fl. oz. (427g)	390	110	12g/18%	11g/55%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	5mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	1g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	1g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	170mg/7%	15g/5%	1g/4%	12g	1g	0%	0%	2%	2%
0g	0mg/0%	30mg/1%	51g/17%	0g/0%	48g	0g	0%	15%	2%	0%
0g	0mg/0%	45mg/2%	73g/24%	0g/0%	69g	0g	0%	20%	2%	0%
0g	0mg/0%	85mg/4%	50g/17%	1g/4%	37g	1g	0%	0%	10%	0%
0g	0mg/0%	125mg/5%	73g/24%	2g/8%	53g	2g	0%	0%	15%	0%

FOUNTAIN DRINKS



Soda	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat	Trans Fat
Cherry Coke®	16 fl. oz. (355g)	150	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	200	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	280	0	0g/0%	0g/0%	0g
Coca-Cola®	16 fl. oz. (355g)	140	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	180	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	270	0	0g/0%	0g/0%	0g
Coca-Cola® Diet	16 fl. oz. (355g)	0	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	0	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	5	0	0g/0%	0g/0%	0g
Dr. Pepper®	16 fl. oz. (355g)	140	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	190	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	280	0	0g/0%	0g/0%	0g
Orange Fanta®	16 fl. oz. (355g)	170	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	220	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	320	0	0g/0%	0g/0%	0g
Root Beer	16 fl. oz. (355g)	160	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	210	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	300	0	0g/0%	0g/0%	0g
Sprite®	16 fl. oz. (355g)	140	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	190	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	270	0	0g/0%	0g/0%	0g
Hi-C® Fruit Punch	16 fl. oz. (355g)	150	0	0g/0%	0g/0%	0g
	21 fl. oz. (473g)	200	0	0g/0%	0g/0%	0g
	32 fl. oz. (680g)	280	0	0g/0%	0g/0%	0g

Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
						Vitamin A	Vitamin C	Calcium	Iron
0mg/0%	5mg/0%	40g/13%	0g/0%	40g	0g	0%	0%	0%	0%
0mg/0%	10mg/0%	53g/18%	0g/0%	53g	0g	0%	0%	0%	0%
0mg/0%	10mg/0%	76g/25%	0g/0%	76g	0g	0%	0%	0%	0%
0mg/0%	15mg/1%	38g/13%	0g/0%	38g	0g	0%	0%	0%	0%
0mg/0%	15mg/1%	51g/17%	0g/0%	51g	0g	0%	0%	0%	0%
0mg/0%	25mg/1%	74g/25%	0g/0%	74g	0g	0%	0%	0%	0%
0mg/0%	5mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0mg/0%	10mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0mg/0%	10mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0mg/0%	50mg/2%	39g/13%	0g/0%	39g	0g	0%	0%	0%	0%
0mg/0%	65mg/3%	52g/17%	0g/0%	52g	0g	0%	0%	0%	0%
0mg/0%	95mg/4%	75g/25%	0g/0%	75g	0g	0%	0%	0%	0%
0mg/0%	15mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0mg/0%	15mg/1%	60g/20%	0g/0%	60g	0g	0%	0%	0%	0%
0mg/0%	25mg/1%	87g/29%	0g/0%	87g	0g	0%	0%	0%	0%
0mg/0%	35mg/1%	42g/14%	0g/0%	42g	0g	0%	0%	0%	0%
0mg/0%	45mg/2%	57g/19%	0g/0%	57g	0g	0%	0%	0%	0%
0mg/0%	65mg/3%	81g/27%	0g/0%	81g	0g	0%	0%	0%	0%
0mg/0%	30mg/1%	36g/12%	0g/0%	32g	0g	0%	0%	0%	2%
0mg/0%	45mg/2%	48g/16%	0g/0%	42g	0g	0%	0%	0%	2%
0mg/0%	60mg/3%	69g/23%	0g/0%	61g	0g	0%	0%	2%	4%
0mg/0%	200mg/8%	39g/13%	0g/0%	39g	0g	0%	220%	0%	0%
0mg/0%	270mg/11%	52g/17%	0g/0%	52g	0g	0%	300%	0%	0%
0mg/0%	390mg/16%	75g/25%	0g/0%	75g	0g	0%	430%	0%	0%

ICED TEA



	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Iced Tea					
Gold Peak® Sweetened Black Tea	16 fl. oz. (355g)	130	0	0g/0%	0g/0%
	21 fl. oz. (473g)	170	0	0g/0%	0g/0%
	32 fl. oz. (680g)	240	0	0g/0%	0g/0%
Gold Peak® Unsweetened Black Tea	16 fl. oz. (355g)	0	0	0g/0%	0g/0%
	21 fl. oz. (473g)	0	0	0g/0%	0g/0%
	32 fl. oz. (680g)	0	0	0g/0%	0g/0%
Gold Peak® Green Tea	32 fl. oz. (680g)	250	0	0g/0%	0g/0%
	16 fl. oz. (355g)	130	0	0g/0%	0g/0%
	21 fl. oz. (473g)	180	0	0g/0%	0g/0%
Gold Peak® Peach Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Gold Peak® Raspberry Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Fuze® Sweet Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Fuze® Unsweetened Tea	16 fl. oz. (355g)	5	0	0g/0%	0g/0%
	21 fl. oz. (473g)	5	0	0g/0%	0g/0%
	32 fl. oz. (680g)	5	0	0g/0%	0g/0%
Fuze® Black Tea with Lemon	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Fuze® Peach Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%
Fuze® Raspberry Tea	16 fl. oz. (355g)	90	0	0g/0%	0g/0%
	21 fl. oz. (473g)	120	0	0g/0%	0g/0%
	32 fl. oz. (680g)	170	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	15mg/1%	34g/11%	0g/0%	34g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	46g/15%	0g/0%	46g	0g	0%	0%	0%	0%
0g	0mg/0%	25mg/1%	66g/22%	0g/0%	66g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	25mg/1%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	69g/23%	0g/0%	66g	0g	0%	320%	0%	0%
0g	0mg/0%	10mg/0%	36g/12%	0g/0%	34g	0g	0%	170%	0%	0%
0g	0mg/0%	15mg/1%	48g/16%	0g/0%	46g	0g	0%	230%	0%	0%
0g	0mg/0%	10mg/0%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	25mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	20mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	24g/8%	0g/0%	24g	0g	0%	0%	0%	0%
0g	0mg/0%	15mg/1%	32g/11%	0g/0%	32g	0g	0%	0%	0%	0%
0g	0mg/0%	25mg/1%	45g/15%	0g/0%	45g	0g	0%	0%	0%	0%

ICED TEA (CONT.)

	Serving Size	Calories	Calories From Fat	Total Fat	Saturated Fat
Auntie Anne's® Freshly Brewed Iced Tea					
Original Sweet Iced Tea	16 fl. oz. (217g)	90	0	0g/0%	0g/0%
	20 fl. oz. (268g)	110	0	0g/0%	0g/0%
	32 fl. oz. (459g)	190	0	0g/0%	0g/0%
Original Unsweetened Iced Tea	16 fl. oz. (217g)	0	0	0g/0%	0g/0%
	20 fl. oz. (268g)	0	0	0g/0%	0g/0%
	32 fl. oz. (459g)	0	0	0g/0%	0g/0%
Peach Sweet Iced Tea	16 fl. oz. (217g)	120	0	0g/0%	0g/0%
	20 fl. oz. (268g)	160	0	0g/0%	0g/0%
	32 fl. oz. (459g)	260	0	0g/0%	0g/0%
Peach Unsweetened Iced Tea	16 fl. oz. (217g)	0	0	0g/0%	0g/0%
	20 fl. oz. (268g)	0	0	0g/0%	0g/0%
	32 fl. oz. (459g)	0	0	0g/0%	0g/0%
Raspberry Sweet Iced Tea	16 fl. oz. (217g)	120	0	0g/0%	0g/0%
	20 fl. oz. (268g)	160	0	0g/0%	0g/0%
	32 fl. oz. (459g)	260	0	0g/0%	0g/0%
Raspberry Unsweetened Iced Tea	16 fl. oz. (217g)	0	0	0g/0%	0g/0%
	20 fl. oz. (268g)	0	0	0g/0%	0g/0%
	32 fl. oz. (459g)	0	0	0g/0%	0g/0%

Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Sugars	Protein	Percent Daily Value			
							Vitamin A	Vitamin C	Calcium	Iron
0g	0mg/0%	0mg/0%	23g/8%	0g/0%	23g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	29g/10%	0g/0%	29g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	49g/16%	0g/0%	49g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	32g/11%	0g/0%	31g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	40g/13%	0g/0%	40g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	67g/22%	0g/0%	65g	0g	0%	0%	0%	0%
0g	0mg/0%	0mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	5mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	0g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	5mg/0%	32g/11%	0g/0%	31g	0g	0%	0%	0%	0%
0g	0mg/0%	5mg/0%	40g/13%	0g/0%	39g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	67g/22%	0g/0%	64g	0g	0%	0%	0%	0%
0g	0mg/0%	5mg/0%	1g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	1g/0%	0g/0%	0g	0g	0%	0%	0%	0%
0g	0mg/0%	10mg/0%	2g/0%	0g/0%	0g	0g	0%	0%	0%	0%